

Athletes Code of Conduct.

This policy effective as of 20/09/2021 is to outline the new regulations athletes must adhere to follow the new COVID 19 Guidelines.

To be allowed access into the building athletes must follow the following rules.

- Athletes 12+ must wear a mask always.
- Athletes 16+ must be fully vaccinated.
- Athletes must arrive in their gym attire. No one will be permitted to get changed inside the gym.
- Athletes must undergo a wellness check on arrival, knowing that if they are unwell or a family member is unwell, they will be sent home.
- Upon entry of the building athletes are required to put their 1 bag against the wall next to the kitchen inside the gym.
- Their bag must be labelled as well as the contents inside.
- In the athlete's bag they may have, water bottles (bottles will not be allowed to be refilled at the tap) a towel, personal hand sanitiser, grip bag and a sealed container with chalk.
- There is to be NO sharing of any food.
- Athletes are responsible for their own belongings.
- Athletes agree to follow the social distancing markers.
- Athletes will be given a marker to go to on one of the sprung floors to wait for the beginning of their class. Athletes may not move off these markers unless instructed otherwise.
- Class structure has been altered to adhere to social distancing rules each child will be individually on a station at each apparatus.
- No form of physical contact will be allowed.
- Athletes train knowingly to the no spotting rule.
- Spotting of gymnasts will only happen when necessary for safety reasons
- Class lessons have been altered to adhere to the no spotting rule.
- Athletes will sanitise or wash their hands between each station within the class.
- Athletes will be sent one by one to retrieve their bags at the end of their class.
- Athletes will follow and individually stand on the floor markings upon exiting the building.
- No athlete will be allowed out of the building until parent/transport arrives at the designated exit door.
- If athlete becomes unwell within a lesson they will be removed from the class and put in a safe area while staff, contact parents so they can be picked up.

By enrolling your child/school into any class at Phoenix Academy of Gymnastics you acknowledge and agree to all the terms and conditions stated above in this document.